FYC 2016 PRESENTS.....

# DICK VET FRESHERS GUIDE 2015



#### Welcome to Vet School!

Dear Freshers' of 2015,

Firstly we'd like to say well done for getting into the best vet school around, the Royal (Dick) School of Veterinary Studies, or as we call it, the "Dick Vet." Hopefully you're all very proud of your new status as a "Dick!"

The Dick Vet is an amazing place to study, and we have no doubt in saying that your time here will be the best five years of your life. The course is tough, but our "Work Hard, Play Harder" attitude compensates for that. At vet school you will make the most amazing, life-long friends, create some fantastic memories and most importantly, you will get to stick your arm up a cows bum!

We've made this booklet as a guide to your first week at university to ensure you have the best Freshers' week possible. Remember, you're only a Fresher once! Therefore, to make the most out of this week we would advise you to participate in lots of Vet Freshers' events and to make friends with the people in your year (and the rest of vet school) as you will be spending most of your days in class together out at Easter Bush!

Final Year Club 2016 are YOUR final years, organising YOUR Freshers' Week, and trying to make it as amazing as possible for YOU (and us too)! In vet school tradition we will be having a lot of fancy dress nights such as Toga, School Disco and Beach, as well as many other incredible nights such as the 5-legged pub crawl and the ceilidh on Sunday. You will also get introduced to our new "Vet Pub" and home base for this year, the 'The Crags' where you will no doubt enjoy our fantastic drink deals.

To let you all meet each other before you arrive, we have set up a Facebook group for you. Search for 'FYC 2020' and request to join.

There is also a timetable of the week's activities at the back of this booklet.

Hope to see you all in Freshers' Week,

FYC 2016



# Your Freshers' Week Organisers.....



- Jack Leask



Alyson Jones



Rebecca Rafferty

Martin Hamilton



Olivia Clark



Anne McMillan

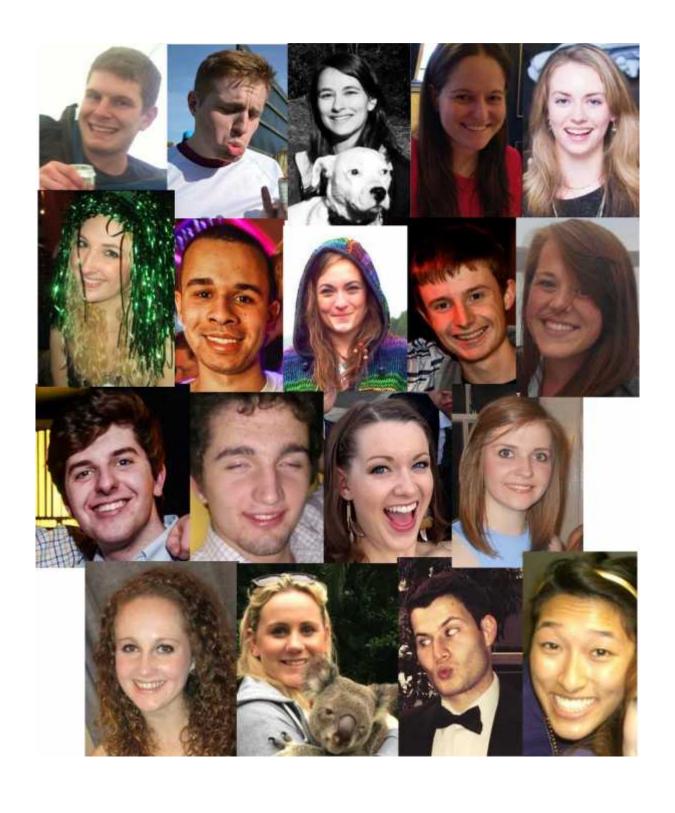


- Jonathan Dunn



Kirsty Martin -

Some more familiar faces you might see during Freshers' Week...



# Surviving Vet School

Who better to tell you how to get through vet school than those who have made it to Final Year!

Here are a few helpful tips for getting through and making the most of vet school:

- Keep an eye out for bank accounts with interest free overdrafts and deals for opening a new account (e.g. Student Railcard), they'll come in handy!
- Always make sure you have someone to walk home with and NEVER walk across the meadows alone at night.
- Register with a doctor, you never know when you might need one.
- A pass is a pass and that's all that matters!
- Work hard, play hard, we can't stress that enough you need time to unwind and forget about the stresses of vet school
- Don't bother arguing with Edinburgh bouncers, they will always win.
- Don't be hungover in dissection unless the animals are fresh, but never be hungover in pathology classes. You won't last very long.
- You are now a Dick. This is a badge of honour, wear it well!
- Try and remember your own name, but don't worry if you forget, it will be written on your Freshers' Week T-shirt.
- Take advantage of AVS and Dick Day, you will have to grow up soon and won't be able to take part in these after vet school!
- Organised vet socialising is cheap and so is The Crags on Fridays and Saturdays, therefore attending is a no brainer.
- Heading to the "vet corner" in Potterrow on a Saturday night is great vet tradition, you'll always be welcomed with familiar faces!



- Veterinary medicine is a female dominated profession now girls, don't be alarmed if you develop a fetish for men in checked shirts, body warmers, wellies and boiler suits, this is perfectly normal
- Join a society! This is the best way to meet students from older years and to meet new people.
- MOST IMPORTANTLY If you're lost, worried, confused or homesick, talk to someone vets look out for each other, we are a big, happy family.



#### Dick Vet Socials

The social side of the Dick Vet is brilliant, whether it's an impromptu night out or one of our many annual organised events. After a gruelling week of vet school there is nothing better than having a few drinks and letting your hair down! It's vet school tradition that we have a "vet pub" where we all meet for drinks and socialising on Friday night. This can be for just a quiet drink and catch up or can extend to everyone going out clubbing. Saturday nights are always amazing fun, with many of the vets usually found at Potterrow (the student union) in "our corner" at the front left of the dance floor. The night often ends with the boys with their ties on their heads and the girls singing along to the cheesy tunes that Potterrow is renowned for.

There are many traditions at vet school and all the years organise a particular event in the social calendar. For example, it will be your years' duty to organise the Christmas Party!

We've outlined the biggest nights of the year below, along with a rough social calendar so you can prepare yourself for the upcoming year:

#### <u>Autumn Ball - October</u>

Every year both the Men's and Ladies Rugby Teams pair up to organises the Autumn Ball, which is a brilliant night and well worth attending. Although not as formal as the College Ball, it never fails to get graduated vets coming back for more! The night consists of a 3 course meal, after dinner speeches, a ceilidh, and a DJ set to top it all off.



#### AVS Sports Weekend - November

Sports Weekend is a definite highlight of the year, though we can't say that there's much sport played. All the vet schools in the UK come together in the host city for a weekend of carnage. There are lots of planned events throughout the day with pub crawls and clubbing in the evening. Each vet school has a theme, with people in amazing and hilarious costumes. It's also a great way to make friends with students from other vet schools that could one day be your future work colleague's. Many of us have left AVS Sports Weekend saying that it was the best weekend of our lives! This year the Dicks will descend on Bristol for a weekend of fun and "sports."



#### <u>Dick Dav – November</u>

Dick Day is a sports day in which we play our biggest rivals Glasgow Vet School at a multitude of sports including football, hockey, rugby, netball and many more. After all the sports we join the Glasgow vets on a pub crawl and usually end up at one of the best nightclubs in the city! This year Edinburgh will be hosting the event.

Dick Day is the by far the biggest event in the Dick Vet sports calendar, with most of the vet school coming out to support their friends against the "Weegies:" not a day to be missed! This year it will be held on October 28<sup>th</sup>, but usually this top-class sporting event takes place in November.



#### Pre-Burns' Supper - January

In late January the vet school hosts it's very own Burns' Supper, a night of everything Scottish, from kilts to the well renowned tartan onesie of Dr Geoff Pearson. The haggis is piped in and everyone has a meal, accompanied by some beverages kindly supplied by the vet school. The staff mingle with the students and take part in a pub quiz, which makes for quite a memorable night! Pre-Burns is a relatively new event but it has quickly cemented it's place in the social calendar as an event you don't want to miss out on.





College Ball and Auld Boys/Girls Weekend - May

Every year the 4<sup>th</sup> Years organise the annual College Ball which has been staged in varying venues throughout Edinburgh. The ball is another brilliant night and is a chance to get into your finery for a night. You can expect a champagne reception and a 3 course meal, followed by a traditional Scottish Ceilidh and DJ, a great blowout before the doom and gloom of exams later in the month.



The next day the members of the sports team dust off their hangovers and meet up with the returning graduated 'Auld Boys and Girls'. Most teams play a game against the graduates for a bit of fun and then head out for a nice meal before heading out for a big one at Potterrow. It's a great chance to see friends who have graduated and for you young ones to meet some older vets who can impart some pearls of wisdom.

#### Dick Vet Social Calendar

Hopefully this gives you a bit of an insight into how fun vet school is and shows you it's not all hard work and studying! Here's a rough social calendar for you:

14th Sept- 20th Sept - The best Freshers' week ever!

Late Sept – Rugby Disco

Mid October – Autumn Ball

Late Oct – Halloween Party (organised by 2<sup>nd</sup> Year)

Early Nov – AVS Sports Weekend

Mid Nov – Dick Day

Last Night of Semester 1 – Christmas Party (organised by you)

Early Jan – Football Party

Late Jan – Pre-Burns' Supper

Early Feb – Dick Vet's Got Talent

Feb - Vetski (BBQ and Snowsports)

Feb/Mar – Various Sports Team tours

Mid Mar – Final Year Revue (not to be missed!!)

Early May - College Ball and Auld Boys/Girls Weekend

#### Clubs and Societies

The Dick Vet has a huge variety of clubs and societies with something for everyone, from sports to music to additional learning: whatever takes your fancy!

Although some clubs are very new and others spanning for several years you will find that they are all very welcoming and friendly. In Freshers' week there will be a "Freshers' Fair" on the Monday in the Vet School, where you can join up to some clubs or just chat to the captains and team members about them.

#### FYC 2020

The first club that you are all automatically a part of is FYC 2020. FYC stands for Final Year Club and 2020 is the year you will graduate! We've started off by creating a Facebook group for you: search FYC 2020 and request to join. It is up to you to organise events and fundraisers to make money for your club. This money eventually can be used for organising Freshers' week in your final year, final year holiday, final year jackets, and graduation ball. To start off, create a committee, and then open up a bank account.

Then it's up to your FYC to organise your first fundraising event: the Dick Vet Christmas Party. You may think it seems early to be raising money for final year when you've only just started, but trust us, it'll come around more quickly than you think!

The following clubs and societies have written adverts to try and entice you to join. This includes:

Anatomy Cub
Animal Behaviour Society
Association of Veterinary Students
Badminton Club
Climbing Club
Edinburgh Veterinary Zoological Society
E-Sports (Gaming) Society
Exmoor Pony Trekking Society
Farm Animal Veterinary Society
Football (Ladies)
Football (Mens)
Hockey Club

Horse Society
Musicians
Netball Club
Nutrition Society
Rugby (Ladies)
Rugby (Mens)
Running Club (Run DVC)
SAVMA Clinical Club
Snowsports Society
Squash Club
Veterinary Christian Fellowship

# **Anatomy Club**

First off... welcome to the best vet school in the world!

Anatomy Club is only a few years old, but already has a huge mailing list and a lot of practicals and talks under our belt. Our sessions are a great way to improve your anatomy knowledge in a relaxed, informal atmosphere, and to make friends across the year groups.

We tend to meet monthly – previous practicals have included: horse leg dissection, sheep eye enucleation, learning how to ultrasound a dog's abdomen, and rabbit dissection and suturing.

We also coordinate some practicals with evening talks by guest speakers – previous topics have included corrective farriery, dental anatomy and vetting at equine endurance races. These talks are a great opportunity to broaden your veterinary knowledge, whilst munching on some delicious cake baked by our talented members!

Our committee has a great calendar planned for this coming year, starting with our annual horse painting practical in September. We are always keen to hear your feedback and requests for future events, so that we can tailor the club to what you want to do!

We will be in contact with all vet school students via e-mail at the start of term, and will have a stand at the Freshers' Fair – come and say hello!

You can also search for our Facebook group, "R(D)SVS Anatomy Club", or contact us on rdsvs.anatomyclub@gmail.com

The Anatomy Club Committee



# **Animal Behaviour Society**

The Dick Vet Animal Behaviour Society (DVABS) was formed in September of 2014. The society aims to increase awareness of the importance of animal behaviour in veterinary medicine and to share current behavioural research and knowledge.

The society hosts talks and practicals throughout the year on various topics relating to animal behaviour. All species are covered, from companion animals to wildlife and everything in between!

Membership is free!



Check out our Facebook page at:

https://www.facebook.com/groups/967177286631329/

Or our webpage at:

http://dickvetanimalbehavioursociety.blogspot.co.uk/

See you all in Freshers' Week!

# Association of Veterinary Students (AVS)

AVS is the national representative body for vet students; we are a sub-division of the British Veterinary Association (BVA) and are the definitive voice of vet students in the UK and Ireland. Our aim is to promote the opinions of vet students and help form policies to better our future studies and profession. AVS hosts the two biggest events in the vet school calendar.



Sports weekend (November) sees students from all of the vet schools come together to compete in a number of Sports, but is really just a good excuse for a weekend of partying! As with vet school tradition, fancy dress is a must and the Dicks have been spotted most recently as Bananas in Pyjamas in Liverpool and beginner swimmers in Dublin - this year we'll be off to Bristol so look out for when tickets go on sale!

The other big event is AVS Congress (January) which is a packed weekend of lectures and practicals as well as a pub crawl and a congress ball. Throughout the year we also organise smaller events within the vet school, including welfare day (who doesn't love puppy petting?) and animal welfare talks and debates. We hope to sign everybody up as a member - this allows you to attend all of our events, as well as other member benefits including twice yearly copies of JAVS (Journal of AVS, written by students for students).

Membership costs only £8 and this covers you for your whole uni career. Cheques are preferred payable to 'AVS Magazine' and will be collected by your Edinburgh AVS reps Maria Mylne (IV) and Liv Dower-Tylee (III). We look forward to seeing you in Edinburgh soon!

#### **Badminton Club**



We are a great group of laid-back folks who happen to enjoy playing badminton. The club has undergone a lot of changes over the last year, and we plan to expand our range of social activities.

We welcome all experience levels and we even provide racquets! We meet on Fridays at 19:00 in the CSE Pleasance Sports Hall (those without a gym membership must pay £3 to enter) and usually head to the pub afterwards for some Cards Against Humanity.

We hope to see you at the Freshers' Fair this year!

Robert Campbell (Club Captain) - s1303689@ed.ac.uk

# Climbing Club

Welcome, Freshers of 2015!!! The climbing club at vet school is a great society to join whether you are already a seasoned mountaineer or someone completely new to climbing and fancy giving it a go! We undertake many outdoor activities – climbing first and foremost with regular Wednesday afternoon and weekend trips – activities also include hillwalking, mountain biking, skiing, winter climbing, caving and even paintballing..... the list is endless.... It's a great social club too with a real family atmosphere – we will welcome you in and much fun is had by all! We meet every Wednesday evening at Number 1 The Grange pub for free food after climbing and epic socials take place including flat assault courses and Lord of the Rings extravaganzas..... Please meet us at the following events at Freshers' Week to find out more!

Vet Freshers' Fair – Monday/Tuesday

Meadows BBQ and games - Wednesday afternoon, 2pm

Flat shenanigans and vet night out – Wednesday evening

For more details please join our Facebook page 'RDVC Climbing Club' – look forward to meeting you!

Abby Robertson

RDVCCC Captain 2015-16





# Edinburgh Veterinary Zoological







Our aim is to promote interest, enthusiasm and knowledge in veterinary zoological sciences and we host numerous talks throughout the year covering everything from Rats to Whales. You can buy membership for our society for only £5 and this will give you free entry to our talks throughout the year.

As well as our talks, we also hold special handling or training events during the year such as a bird of prey demonstration, bat health care, insect and arachnid handling and husbandry and we co-ordinate training for the British Diving Marine Life Rescue 'Marine Mammal Medic' qualification. We are a friendly society and we always welcome new people to our events and we hold social events such as zoo visits and film nights (David Attenborough shows are a firm favourite)! Conservation is important to our society and we fundraise every year for the wildlife hospital and for a Rhino conservation charity so please keep an eye out for our bake sales and T-shirt sales.

We host a ZOO TRIP for 1st years during fresher's week so make sure you head to our stall at the Vet Fresher's fair and sign up for your spot!

Visit our website for more information, or email:



# E-Sports (Gaming) Society



Welcome to vet school everybody! We're a new club founded in 2014, and are eagerly seeking to recruit anyone interested in gaming. We play a wide variety of games, from fighting games to shooters to MOBAs, and all skill levels are welcome! Whether you're looking to compete or just hang out and meet some new faces, the R(D)SVS E-Sports society welcomes you. We regularly meet for drinks and have attended local gaming events such as "Games Are For Everyone", an event where local game developers had games on show for anyone to play, and a League of Legends LCS viewing party in a beautiful pub on the Royal Mile.

We also cater for the more competitive amongst you, entering local "Super Smash Bro's" and regional "League of Legends" tournaments. We are always looking out for more games to add to our increasingly large competitive roster. Our annual AGM takes place in September once you have all settled in and got to know some friendly faces.

If you have any questions please feel free to email s1104039@ed.ac.uk, or join our Facebook group by searching for "R(D)SVS E-Sports Soc."

We look forward to meeting you!



# Exmoor Pony Trekking Society



There have been Exmoor ponies associated with the Dick vet for 60 years, and currently we have 16 amazing Exmoor ponies! Though small, this breed is tough and hardy. We keep them as naturally as possible in the Pentlands, where we have access to fantastic trekking through the national park.

We take students out for weekend treks, as these little ponies can easily carry adults as well as children, and would love for you to come and meet them and have a ride! We cater for all abilities, and will be running 'Freshers' treks' of during Fresher's week where you can get away from the city (and your hangover!) meet the ponies, and other pony minded people! Membership gives you a £5 discount on our treks throughout the year.





As we are responsible for the care of the ponies and the running of the trekking business, we take a set number of more experienced riders to train up as the future trek leaders over the year, which is a great course that runs Wednesday afternoons. This involves care, riding, getting to know the ponies, and 2 weeks staying with the ponies in Glendevon their summer home, as well as making friends for your university career! More information on this will be given at the start of the year.

See our website <u>www.exmoorponytrekking.com</u> for more information, or chat to one of the trek leaders at the societies fair!



# Farm Animal Veterinary Society



Searc h EFAVS for our latest news



Welcome to EFAVS!

We cannot wait to have you join our society in September! We organise talks, practicals, newsletters and seminars to do with everything farm-y.

Love sheep? Us too. Want to spend the rest of your life rectalling cows? We do.

Just got a vague interest? Come join!







2015/16 is set to be a brilliant year with FAVS annual congress hosted at Edinburgh, an event to bring together students from all vet schools in an educational, social and very much ceilidh based event.

Check us out on facebook for more info.

See you in September!

What do you call a pig that's wrong?

Mistaken Bacon

# Football (Ladies)

Are you a brilliant footballer or have you never kicked a ball before? It doesn't matter either way, this club is about so much more! Ladies football is a brilliant way to meet people in all years of vet school, enjoy amazing socials and have a laugh!

Ladies football is a relaxed team with weekly training at Peffermill as well as kick-abouts on the Meadows. We play friendly 11-aside games with an array of ladies teams around Edinburgh. But our game faces come on for the rival match against Glasgow vet school on 'Dick Day' – rounded off with a great night out too, of course.

We put a great emphasis on the social side of the club, with events for everyone including team drinks, nights out, and meals together. We also have an annual tour, a weekend trip, which took us to Amsterdam this year (it was definitely not one to be missed!). We also have a fun 5v5 tournament among ourselves followed by a scavenger hunt around the city.



Most of our players have never played before joining – it's all about getting involved with a new sport! Just come along to the Vet Sports Fresher's Fair and meet our committee/ football family. We're having our first kick-about of the year on the corner of the Meadows (near the children's' playground) on Wednesday, September 16th. Or join us that evening for the Fresher's Week Vet Sports Social – it's always the best night of fresher's.



For timings and locations of all practice and events, please see our Facebook page: RDVC LFC 2015/16. If you have any questions, you can contact our captain or vice-captain for more information:

Jamie-Leigh Thompson (Captain): s1310894@sms.ed.ac.uk

Laila Khayami (Vice Captain): s1369011@sms.ed.ac.uk

Hopefully see you soon, RDVC LFC xx



# Football (Mens)



Joining the Vet Football team is not just about playing football. It is a really great balance of socialising with other vets and getting to play some regular sport as well. Everybody is welcome, whatever standard. We play league games every Saturday morning followed by a fun night out every weekend. The team train twice weekly and again anybody is welcome even if you just fancy a kick about.

During the year the club is involved in many big events. The first of these is 'Dick Day' – the grudge match against the Glasgow vets. This year the team drew 1-1, but unfortunately were beaten on penalties, this year Dick Day will be in Edinburgh and we hope to set the record straight. The football tour is an annual trip where the team descends upon a country in Europe for a few days of festivities and a game of football. It is an incredible experience and cannot be missed. The team organises a football party every year which turns out to be one of the best social occasions on the vet calendar. Finally to top off an amazing year the Old boys, from past years, come back for a game of football and one of the best nights out of the year.

Our ambition is to continually improve the sporting and social aspects of the club. You can be as involved in the football team as you wish. Look out for the football stand at the Sports fair during Fresher's week. Be assured you will not regret signing up. Contact: <a href="mailto:s1311526@sms.ed.ac.uk">s1311526@sms.ed.ac.uk</a> for more information. We look forward to seeing you.

**RDVC FC** 

# Hockey Club



"Where Champions Are Made..."

Firstly a massive WELCOME TO VET SCHOOL!! If you're looking for some great sport, amazing banter, top socials, a cracking tour, and of course some hockey, then RDVCHC is the club for you!!

The Hockey Club is the largest, friendliest mixed team in the vet school. We train every Friday night and all abilities are welcome. We have people who play for Uni teams, to people that have never picked up a hockey stick before, so please don't be shy!

We have two teams that play in the intra mural leagues against other university sides. Games are on a Friday night and are followed a trip to the pub (1am Club). However, our biggest match of the year is the infamous 'DICK DAY', which RDVCHC have won for the last 4 years!

We have various socials throughout the year, and after Christmas we go on tour; in the last three years we have hit up Newcastle, Belfast and Brussels. All of which were massive successes and plans for this year's tour are well under way!

If you have any questions please feel free to email (<u>s1303526@sms.ed.ac.uk</u>) or join the Facebook group; RDVC Hockey Club.

We look forward to meeting you all at the fresher's fair, please come and join up to RDVCHC for an unforgettable season!

Have an amazing fresher's week! Lots of love RDVCHC x x x x



#### Horse Society



Our aim is to help riders of all levels get their horsey fix throughout your time at vet school! We run weekly beginner, intermediate, and advanced group lessons, which are subsidised to give you a good lesson at a low price. Transport is provided to and from the yards, so no need to worry about how to get there! We also arrange outings for other disciplines, such as vaulting, polo, cross country, side-saddle and carriage driving, just to name a few.



Our biggest event of the year is our annual International Competition. Our 2015 competition was a huge success- we hosted teams from vet schools all over the UK, Europe and America. We compete in Dressage and Jumping and finish the day off with a lovely Scottish meal and a Ceilidh!

We also have the all-important Dick Day competition against the vet school in Glasgow, which is both a fun and competitive day!

And if that isn't enough to entice you, we have many different trips lined up for next year, such as Pony Trekking, a day at Kelso Races, the Donkey Sanctuary, beach rides, and the Thoroughbred Rehabilitation Centre.

We also hold talks throughout the year covering a wide range of subjects.
Some of our past talks include equine neurology, equine surgery, Yogi
Breisner from the Beijing Olympic Team,



equine nutrition, as well as information on general horse husbandry and identification to help you with your animal husbandry exams.

So whether you're a competitive rider or someone who has never touched a horse before in your life, we can offer something interesting for you all! Visit our table at Freshers or just drop us an e-mail (<a href="mailto:rdsvshs@yahoo.com">rdsvshs@yahoo.com</a>). You can also visit our website at <a href="https://www.rdsvshorsesociety.weebly.com">www.rdsvshorsesociety.weebly.com</a>

See you in Fresher's Week!
Brittany Veerasammy
Captain, RDSVS Horse Society

#### Musicians



The Dick Vet Musicians consist of a non-auditioning choir and orchestra that are open to both students and staff of the vet school. All instruments, voices and musical abilities are welcome. We rehearse weekly and play two concerts a year as well as performing at other vet school events. Our society is laid back and friendly, and we focus on having fun as well as making music! So, whether you are a grade 8 musician or haven't picked up an instrument since you left school come and give it a go! You can come meet us at the Vet School Freshers' Fair or feel free to contact us at <a href="mailto:dickvetmusicians@googlemail.com">dickvetmusicians@googlemail.com</a> or on Facebook, under "Dick Vet Musicians". Our first social event will most likely be on the 27th of September with our first rehearsal the week following but if you have any questions before that just send us a message! We hope to see as many of you there as possible!



#### **Netball Club**





Whether you've never played netball before or played netball for school, county or further, you will love being part of the amazing club that is RDVCNC! Founded 5 years ago, it has rapidly grown to one of the largest clubs in vet school; famous for beating the Glaswegians on Dick Day (almost) every single time. We train on Tuesdays and Fridays with matches on Sundays. With a first team for more experienced players and more teams for those who want to learn to play and improve their own game, there is a place for everyone!

If you think we play hard in the game we play even harder off-court!! The netballers can be regularly found enjoying a well-earned drink at Malones Irish Bar (our fantastic Sponsors!) on a Friday night after our training session. Joining RDVCNC is a great way to make friends with people in every year group. We have quite a few "social" members who might not fancy netball itself but just can't resist the off-court banter!

Our annual tours have taken us to Belfast, Centre Parcs, Dublin and Blackpool with each one being full of hilarious antics, unforgettable memories and some impressive photos.... Club social events have included Princess Party Nights, Bandeoke, Barn Dances; so who knows what we will get up to this year....

So what are you waiting for?! Find us on Facebook; RDVC Netball and come and SIGN UP at the Freshers Fair and be part of the awesome club that is RDVCNC!!!



#### **Nutrition Society**



The RDSVS Nutrition Society was founded in 2011, it operates with an aim to support and encourage learning and developing passion in the field of animal nutrition at the vet school. The society runs themed talks and hands-on practicals throughout the year, covering topics such as plant toxicology and dentistryparticularly helpful for exam revision! Hessilhead Wildlife Rescue trip is a highlight of the year where students have a chance to gain handling experience of wildlife and exotic species.

Membership to the society costs £5 for the year and gets you the benefits of reduced price on attending talks, practical events, conferences, and priority sign up with advanced registration for trips and popular practicals. If you are interested in joining the society, come find us during Freshers Week 2015!





# Rugby (Ladies)



80 Minutes, 15 Positions, No Protection ... Can you handle it?

#### RDVC LRFC LADIES RUGBY

Want to make friends and kick some butt? Socials, traveling, rugby, and more... Practices are Tuesday and Thursday. Matches are Sunday.

The RDVC Ladies Rugby Football Club is the oldest women's rugby club in Scotland. We welcome all abilities, even if you have never played before.

Interested? Questions?

Join the RDVC LRFC Team!

Email our secretary, Lucy Minty, at I-v-minty@hotmail.co.uk



# Rugby (Mens)

RDVC RFC is one of the oldest and most prestigious clubs in the vet school. Despite the small number of male entrants to the course the club is thriving after coming through tough times in recent years. The club is steeped in history having once played at Murrayfield and been capable of beating the university first XV. The club may not play at the same level anymore, but the pride in the team lives on both on and off the pitch.

The 1st XV now plays in BT East Division 3 league with



fixtures most Saturdays during term time against teams from Edinburgh and the Borders. We also have strong ties with the Edinburgh OTC and other university teams which gives boys a chance to play intramural rugby on a Wednesday as well. In addition to these fixtures we have the annual grudge match 'Dick Day' against the Glasgow Vet School rugby team — a definite highlight of the year! Recently we have entered teams into local 7's competitions as well, which have been great days out for everyone involved, both players and supporters.

The club welcomes and caters for all abilities with some players having never touched a rugby ball before, to players who have played all their life. Training on a Monday and Thursday evenings provides a good get away from the stresses of vet-school work.

The highlight of the rugby club's social calendar is the Rugby Ball – one of the best nights of the year attended by large numbers of students, as well as many graduated vets. After a long hard year the club rewards the players with a subsidised tour abroad, which has been described by many players as the best 4 days of peoples' life. In recent years we have visited Amsterdam, Portugal and Poland to name but a few places!

The club has a great social side and is a brilliant way to make life-long friends. All members of the club have a strong sense of pride and will not hesitate to help you out no matter what the problem. So whether it's serious rugby, just to keep fit or a good social life RDVC RFC is the club to join! You won't regret it!

Contact Robert McGeachan (Captain) for more information.

Mobile: 07910571813

Email: RDVCRFC@gmail.com

Or find us on Facebook @ http://www.facebook.com/RDVCRFC

#### Run DVC

Want to get fitter?
Want to go on random fun runs?
Want an excuse to eat carbs?
Want to explore Edinburgh and take edgy insta-pics?

Then join Run DVC! (Run Dick Vet College)



We are a chilled running club for runners of all abilities. If you fancy entering some races: 5k,10k, half marathons or full marathons running is a great way to stay motivated and make lots of friends! We will go on weekly runs from Vet school exploring Roslin and the Pentlands, as well as routes around the city centre like Arthur's seat, Blackford Hill and Portobello beach (followed by the pub). We also have some pretty cool ideas for upcoming socials so get signed up at the Fresher's Fair



Fancy a challenge? Join us in the Virgin London Marathon 2016 to raise money for charity and look as chuffed as this guy!



for the Black light run -5k of neon UV glowing fun!!



#### SAVMA Clinical Club





#### Are you....

- ... interested in working in North America after you graduate?
- ... eager to hone your clinical skills whilst having fun in the process?
- ... if so, then this is the club for you!

We are Edinburgh vet school's branch of The Student American Veterinary Medical Association (SAVMA), which is a US organization similar to the Association of Veterinary Students (AVS) in the UK.

Previously we have put on events such as:

Additional anatomy/dissection practicals

Guest speakers (e.g. Dr. Samantha Lindley - veterinary acupuncturist)

Internship application advice talk

Exam Board review lectures (by clinicians)

SAVMA has 32 student chapters all over the world and so far the only UK one is at Glasgow (③). Let us make Edinburgh the next one - if they did it, we certainly can! We require at least 60% of our vet students to become SAVMA members to achieve this goal, so is our hope that all of you will join.

SAVMA membership gives you all this:

Free online access to the Journal of the AVMA (JAVMA) and the American Journal of Veterinary Research (AJVR)

Free access to The Vet Gazette, published for veterinary students by veterinary students.

Opportunity to attend SAVMA symposium (last year was at U. of Minnesota)

\*\*\* Professional liability insurance to do EMS in North America. \*\*\*

Member discounts & more!

Plus paying membership dues every year of vet school grants automatic conversion to AVMA membership upon graduation!

JOIN SAVMA NOW for only \$21 (~£13) annually.

Scan the QR code and click 'register for SAVMA membership' under Student Associate Member. Our AGM will be held soon to elect new committee members for 2015/16, so get in touch if you're interested in taking an active role in the club's future (& build your CV).

Although clinically inclined, we are definitely open to all years.

Join our Facebook page for event updates (www.facebook.com/groups/SAVMACLINICALRDSVS).

For more info visit: www.avma.org/About/SAVMA Email rdsvs.savmacc@gmail.com with any questions.

# **Snowsports Society**

Last year was the birth of DVSS. The club had a hugely successful first year, seeing the club grow into the largest in the vet school. Whether you are a seasoned ski bum or have never seen snow in your life, DVSS is the club for you. Flying down a mountain on 3 feet of powder under blue skies not your thing? Not to worry at all, just come to our socials and party with the best bunch of people across all the years.



To those of you interested in strapping a pair of skis or a snowboard onto your feet, we run trips up to the Scottish mountains throughout winter. No snow? No worries because we have so many options from Snowfactor in Glasgow (real snow!) to our very own Hillend dry slope for you to get your fix. Becoming a member gives you huge discounts on skiing/boarding! Still not convinced? Easter time is when we have our big trip...last year we hit up Andorra for a week of sun, skiing, powder and debauchery!



Come and talk to us at the Freshers' fair to see what we are all about.

Also check out our Facebook page for more information and photos:

www.facebook.com/dickvetsnowsport

Looking forward to meeting you Claire (President) xx







# Squash Club



We are a friendly, if not slightly mad, group who enjoy hitting a ball against a wall and trying to avoid getting hit ourselves. Each week we have one training session at Pollock Halls and one intramural match at CSE. All abilities are welcome to the training and the team for the match is picked weekly based on our ladder system. All information is posted on the RDSVS Squash Club Facebook page.

Squash is becoming more and more popular, don't get left out!



#### Veterinary Christian Fellowship



We are the Dick Vet chapter of the national VCF. Our parent organisation aims to unite Christians within the veterinary professions through common loyalty to the Lord Jesus Christ and to encourage and support Christian vet students during their studies.

As a group we meet every week for a bible study and snacks/cake (day this year still to be confirmed) either in the View in the vet school at 5pm or at someone's flat in Edinburgh at 7 or 8pm depending on what suits people's schedules. This is a free, non-commitment group and we welcome all students with faith and with no faith to come along and find out what it means to be a Christian at vet school. We also have regular social events and there is the opportunity to attend regional VCF meetings a couple of times a year and also the national VCF conference (which is an amazing weekend away!).

Through the national group we offer a network of Christian vet contacts for mentoring and placements (both here and abroad) and also a potential springboard for veterinary-related mission trips.

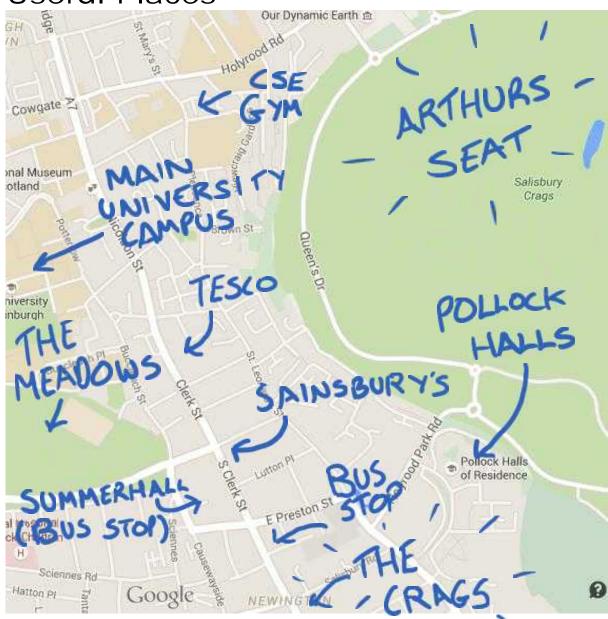
Come along and see what the VCF family can offer to you, starting with our Freshers' breakfast the morning of the last Sunday of Freshers' week before heading off to church.

Contact: vcfedinburgh@gmail.com

Hannah (4<sup>th</sup> year) David and Mayleena (3<sup>rd</sup> years)



#### **Useful Places**



# **Important Contact Numbers**

City Cabs: 0131 228 1211

Edinburgh GUM Clinic: 0131 536 2104

Edinburgh University Chaplaincy: 0131 650 2595

The Advice Place: 0131 650 9225 Papa John's Pizza: 0131 668 1122

Pleasance Sports Centre and Gym: 0131 650 2585

#### Freshers' Week Timetable

We've compiled a summary of all the events that both the vet school and ourselves are running throughout your Freshers' Week: hopefully we'll see you there!

MONDAY	14 <sup>™</sup> SEPTEMBER	
Time	Venue	Event
8:15	Pollock Halls	Bus to Easter Bush
8:45	LT2	Introductory Lecture
9:30	LT1	Introductions from Staff
10:00	LT1	Introduction to the VSC
10:30	LT1	Introduction to AVS
10:45	LT1	Matriculation
11:15	-	Break
11:30	LT1	Health & Safety Talk
11:40	LT1	Introduction to EUSA
12:00	G01	Dick Vet Freshers' Fair
13:00	-	Bus to George Square (and free pub lunch courtesy of FYC 2016)
13:30	-	Time off to explore the central university/stay at pub
19:00	The Crags	5-Legged Pub Crawl
23:00	Dropkick Murphy's	Night out

TUESDAY	15 <sup>TH</sup> SEPTEMBER		
Time	Venue Event		
8:45	Pollock Halls	Bus to Easter Bush	
9:30	LT1	Fire Safety	
10:00	LT1	Crime Prevention in Edinburgh	
10:30	-	Break	
10:40	LT1	Learning to Learn	
12:00	-	Lunch	
12:45	LT1	Learning to Learn Continued	
14:00	-	Bus to George Square	
14:30	-	Free Time	
17:00	The Crags/Final Years' Flats	Safari Supper	
23:00	The Hive	Night out	

WEDNESDAY 16 <sup>TH</sup> SEPTEMBER			
Time	Venue	Event	
9:15	Pollock Halls	Bus to Easter Bush	
10:00	LT1	Bootcamp: What is a Lecture?	
12:00	-	Lunch	
12:30	-	Bus to George Square	
13:00	-	Free Time/Society Meet-ups	
17:00	The Crags/Various venues	Societies night (see society leaders) or pub evening (if not interested in societies)	
23:00	Cav	Sports Night (Olympian themed)	

THURSDAY 17 <sup>™</sup> SEPTEMBER			
Time	Venue	Event	
3:00-	Bed	Recovering from previous 3 nights	
15:00			
15:00	The Crags/Various venues	Stag Night	
17:00	The Crags/Various venues	Hen Night	
23:00	Espionage	Stag and Hen's meet up at club	

FRIDAY	18 <sup>TH</sup> SEPTEMBER	
Time	Venue	Event
10:00	Edinburgh Zoo	Edinburgh Zoo visit (see the Zoological society)
19:00	The Crags	Vet Pub night (all years encouraged to attend)
23:00	Silk	Beach Party

SATURDAY	√ 19 <sup>TH</sup> SEPTEMBER	
Time	Venue	Event
10:00	Peffermill	Men's football game
12:00	Summerhall	Men's rugby away game – Galashiels – all welcome (bus provided)
19:00	The Crags	Pub (recurring theme here)
23:00	City	Tight and Bright club night

SUNDAY	20 <sup>th</sup> SEPTEMBER	
Time	Venue	Event
3:00	Bed	Recover from the Freshers' week antics
19:00	St Peters Church Hall	Ceilidh Night (BYOB, if any!)

# Clothing Order Form

#### **Waterproofs**

-Although you'll be provided with waterproofs for most of the practical classes, these are essential for lambing and dairy EMS, as well as for any farm clinical placements that you do. Usually a pair of trousers and one of the tops is sufficient. The short sleeve parlour tops are essential for rectalling, but you won't start that until  $3^{rd}/4^{th}$  year. It is worth ordering a size larger than you normally would so that it will fit over warmer clothes/a boiler suit.

#### **Footwear**

-You will need a pair of steel toe capped boots for equine classes and a pair of steel toe capped wellington boots for farm animal classes. These are really useful for EMS too.

#### Clothing

- -The vet school will provide you with a white lab coat at the beginning of term, but you will require a second coat to be used for "dirty" classes, such as dissection and post mortems.
  - -The boiler suit is essential for equine classes and should be navy blue.

#### Equipment

- -Stethoscopes are needed for your Clinical Skills classes, which start in first year. Although we have included them here, we suggest looking online at websites such as <a href="www.medisave.co.uk">www.medisave.co.uk</a>, as they provide free laser engraving so you can add your name to it (and if you misplace it then it has a better chance of being returned).
- -Thermometers and pen torches aren't needed until  $4^{th}/5^{th}$  year, but can prove very useful on lambing placements.

#### **Extras**

- -This year we are also offering a student planner which may be useful for keeping track of classes/deadlines. It has been designed by a student within the vet school.
- -FYC 2016 would also like to offer you the Naked Calendar, "Vets in Other Professions", which we made this year with help from the vet school sports teams and societies.

NOTE: Please email clothing order forms to alysonjones1993@live.co.uk, NOT to alysonjones1993@hotmail.co.uk

#### PAYMENT METHODS AND WHERE TO SEND YOUR FORM

Payment can either be made via bank transfer to the following account with YOUR NAME as a reference:

Alyson Jones

Sort code: 83-07-06

Account number: 10162249

If you are paying via bank transfer your order

form can be emailed to

alysonjones1993@hotmail.co.uk

OR Via cheque made payable to FYC 2016

If you are paying via cheque please post your order form and cheque to the following address:

Alyson Jones 1/3 Glengyle Terrace Edinburgh EH3 9LL

ALL ORDER FORMS AND PAYMENTS MUST BE IN BY THE END OF AUGUST IN ORDER FOR YOU TO RECEIVE YOUR CLOTHING DURING FRESHERS WEEK!

Name: ————	Payment Method: Cheque/Bank Transfe	
	(Please circle)	

#### Sizing\*

-All Measurements for clothing are in chest size. They are approximately:

**XS** – 32-34" **S** – 36-38" **M** – 40-42" **L** – 44-46" **XL** – 48-50" **XXL** – 52-54" **XXXL** – 56-58"

Item	Sizes	Cost	Number Required/Size
Helly Hanson Waterproof trousers	Small – Extra Extra large	£20	
Helly Hanson Waterproof jacket	Small – Extra Extra Large	£33	
Parlour Top Long Sleeve	Small – Extra Extra Large	£27	
Parlour Top Short Sleeve	Small – Extra Extra Large	£25	
Steel Toed Wellington Boots	36-47 (European)	£17	
Leather Boot Steel Toed	3-12 (UK)	£17	
White Lab Coat	Extra Small – Extra Extra Large	£14	
Dickies Boilersuit Navy	32inch – 44 inch (this is chest size, goes up in 2 inch increments) Comes in Regular or Tall length	£25	
Litman Classic II stethoscope (available in black, pink, ceil blue, grey, burgundy, ocean blue, hunter green, Caribbean blue, orange, navy)		£65	
Thermometer		£6	
Pen Torch		£2.50	
Student Planner		£5	
Calendar		£5	

#### Guide to Buying Textbooks

Below is a quick guide to help you buying the textbooks you are most likely to use in your first two years here, based on what previous students have said they found helpful. We have provided the option to purchase them before you start, at a heavily discounted price, through <a href="https://www.vmstudentsupplies.co.uk">www.vmstudentsupplies.co.uk</a>. These prices are a one-time offer, if you decide to buy these books at a later date then the prices on their website will apply.

Guide to the Dissection of the Dog, 7<sup>th</sup> edition – Evans & DeLahunta

This book is essential, you will be using it in the first semester when you start anatomy classes, and so is worth buying. There may be some older years selling their copies when you start, but they come in various states of wear.

Textbook of Veterinary Anatomy, 4th Edition – Dyce et al

Covering the anatomy of all major domestic species, this textbook is very useful for your first two years, more so in 2<sup>nd</sup> year.

Anatomy of Domestic Animals, 11<sup>th</sup> Edition – Pasquini et al

Another anatomy textbook including all the major domestic species. Unlike the Dyce book, it does not include goats and birds, but it does contain information useful for clinical years. *Please note that as this text book has to be shipped from America, it will not be available to collect with the others.* 

Of the two textbooks above, one should be sufficient. Previous students have each had a preference over which style they preferred, although most of them liked the layout and style of the Pasquini book.

Saunders Veterinary Anatomy Colouring Book

Not essential/required. Can be useful for anatomy revision, or if you just like colouring in.

Wheater's Functional Histology, 6th Edition – Young et al

A very useful book, especially when it comes to your histology lab book in first year. It contains plenty of high quality images and helps to explain just what the pink and purple blobs at the end of your microscope are supposed to be. Recommended but not essential.

Textbook of Veterinary Physiology, 5<sup>th</sup> Edition – Cunningham & Klein

Helps with various aspects of the course over the first 2 years. Useful, but maybe not worth buying at this stage.

Berne & Levy Physiology, Updated 6<sup>th</sup> Edition

Not recommended as it focuses more on human physiology than of animals. If you really want a physiology text book then get the one above.

#### Essential Cell Biology, 4<sup>th</sup> Edition

A good book if your cell biology from school is rusty. However I wouldn't recommend purchasing this unless you think you'll need it, as it's really only useful for the first 6 weeks of 1st year.

#### Saunders Comprehensive Veterinary Dictionary, 4<sup>th</sup> Edition

A useful book for all 5 years, it can help explain many of the new and complex words you're going to encounter in your time here. Recommended but not essential.



#### OWNED AND RUN BY STUDENTS FOR STUDENTS.

#### BOOK ORDER FORM FOR Edinburgh Veterinary School

For first year students you will need to get your order in by <u>31 August 2014</u>
This will allow us time to order your books and to make sure that they are there for you to collect on your first day

Guide to the Dissection of Dog, 7 <sup>th</sup> E	9781437702460	£43.99	
Textbook of Veterinary Anatomy, 4 <sup>th</sup> Edition	9781416066071	£73.60	
Saunders Comprehensive Veterinary Dictionary 4 <sup>th</sup> edition	9780702032318	£39.20	
Wheater's Functional histology, 6 <sup>th</sup> Edition	9780702047473	£43.20	
Textbook of Veterinary Physiology, 5 <sup>th</sup> Edition	9781437723618	£67.99	
Berne & Levy Physiology, Updated Edition 6 <sup>th</sup> Edition	9780323073622	£57.60	
Saunders Veterinary Anatomy Coloring Book	9781437714395	£15.99	
Essential Cell Biology, 4 <sup>th</sup> Edition	9780815344551	£48.00	
Anatomy of Domestic Animals, 11 <sup>th</sup> Edition		£85.00	
	TOTAL		

**CHEQUES**: Please make cheques out to Veterinary & Medical Student Supplies Ltd and sent to the address below.

**BANK TRANSFER**: Remit the amount to our account 52269953 branch sort code 40-17-08 at the HSBC Bank plc, 99High Street, Chelmsford, Essex. CM1 1EQ

IBAN: GB76MIDL40170852269953. BIC: MIDLGB2103M (Please check for any bank charges).

**Student Name:** 

Please indicate if you are a GEP or a First Year Student

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